

ST. GILES ASP 2023 - APPALACHIA SERVICE PROJECT ADULT LEADER EXPECTATIONS & REGISTRATION



Appalachia SERVICE PROJECT®

Trip Dates: July 22 to July 29, 2023

Kick-off Meeting November 13, 2022, 6:30 pm, McDonough Hall

The role of an adult leader on ASP is critical to the success of our trip. As an adult leader, you can expect to:

- Support your teen leader in their role as leader, communicator, and organizer of your crew before, during, and after the trip.
 - Encourage inclusivity by making every teen feel warmly welcomed, valued, and appreciated
 - Communicate effectively with center staffers regarding construction projects, evening programming, and other ASP logistics
 - Build a community with your crew by fully engaging in the ASP trip from the start of the formation process to the end of the trip – **your attendance is critical in supporting the bonding of your crew.**
 - Embrace the simple life that is core to ASP – challenging yourself to be flexible with the simple food, activities, and chance to unplug from the technology that so often takes over our lives at home
 - Share your skills – construction, interpersonal, and leadership – but also be willing to learn and grow from those around you!
 - Ensure safety by making sure your crew is safe and is following the ASP safety guidelines on and off the work site.
 - Be present and supportive of the growth and transformation of the members of your crew
 - HAVE FUN being part of this unique community that build strong, authentic, and lasting relationships!
1. Formation for ASP 2023: Our trip and week in Appalachia are very different from our regular lives. Therefore, we hope that each of our formation experiences help to guide and prepare you for this new encounter. Throughout these meetings, we get to know the members of our work crew, grow in our understanding of the spirit of service, and learn about the people of Appalachia and their needs and how we will meet them.

In preparation for the trip, there will be four formation meetings, a skills day, and a commissioning mass. **ATTENDANCE AT FORMATION MEETINGS IS REQUIRED.** If for some reason you are unable to attend a formation meeting, please make a concerted effort to reach out to your teen leader and crew to review the meeting materials...and to further crew connections!

Schedule: (Location: McDonough Hall – 1101 Columbian Ave, Oak Park, IL 60302)

- Formation Meeting # 1 – Sunday January 8, 2023, 6:30 pm
- Formation Meeting # 2 - Sunday March 5, 2023, 6:30 pm
- Formation Meeting # 3 - Sunday May 7, 2023, 6:30 pm
- Formation Meeting # 4 - Sunday June 11, 2023, 6:30 pm
- Sunday July 16, 2023:
 - Commissioning Mass
 - Q&A Session for teens, parents and adult leaders
- Skills Day - TBD (*Required for all new participants, recommended for all others*)
- Adult Leader Meeting – week of July 16, to finalize details and preparation for the trip.

2. **Financial Commitment:** The total financial commitment for the 2023 ASP trip is \$275 per adult. This fee is due at registration and no other payments will be expected prior to the trip. In addition, you will need to pay for the following meals: lunch & dinner on Saturday of departure, lunch on Sunday following departure & breakfast on Saturday of the return trip. We estimate adults spend about \$100+ on those meals as well as ice cream during the week of ASP

One parent free with 2+ siblings (New for 2023): If 2 siblings register for the trip, a parent's registration cost is \$0, (or if a parent is not registering, then each sibling's trip fee will be discounted to \$600 from \$775). No adult willing and committed to participating will be denied the opportunity due to the financial commitment. If the cost is a barrier to participating, please contact Chris Goetz at asp@stgilesparish.org as soon as possible. Any request for assistance is kept private.

3. **Communication & Coordination:** There is nothing more effective than having our ASP group on the same page and moving towards the same life-changing goals. To adequately prepare for this trip together, communication and coordination is key.
- ASP 2023 will be led by volunteer Trip Coordinators:
 - Frank Hulefeld fhulefeld@comcast.net (708)308-4678
 - Erich Krumrei ewkrumrei@gmail.com (312) 206-4245
 - Our primary methods of communication will be email and Flocknotes. Please be sure to check your email regularly for any updates about our trip, your individual status, and any changes that may arise.
 - All changes, updates, and information will be posted on the ASP page of the St. Giles website [St Giles ASP](#)
 - Please contact the Trip Coordinators or Chris Goetz if you have any questions or concerns.
 - Chris Goetz asp@stgilesparish.org (630) 677-5424
4. **Covid Protocol:** After a 2-year hiatus in ASP trips from St. Catherine of Siena - St. Lucy and St. Giles, 2022 marked the renewal of our commitment to serve the people of Appalachia. In 2022, ASP required that all volunteers test negative for Covid using any CDC approved rapid antigen tests, within 24 hours of their trip. In addition, St. Catherine of Siena - St. Lucy and St. Giles required that all volunteers be fully vaccinated up to and including the current FDA approved boosters for their age group. While our 2022 trip faced very challenging weather conditions, we were successful in experiencing a covid-free week! That success was clearly due to the vaccination and testing protocols in place.

For the safety of both the volunteers and the homeowners we serve, for the 2023 trip, St. Catherine of Siena - St. Lucy and St. Giles will require volunteers to have received their primary series of Covid vaccinations, as well as applicable boosters currently recommended by the CDC. However, knowing that guidelines will continue to evolve the final ASP COVID requirements will be shared in early 2023 to allow adequate time for all volunteers to comply.