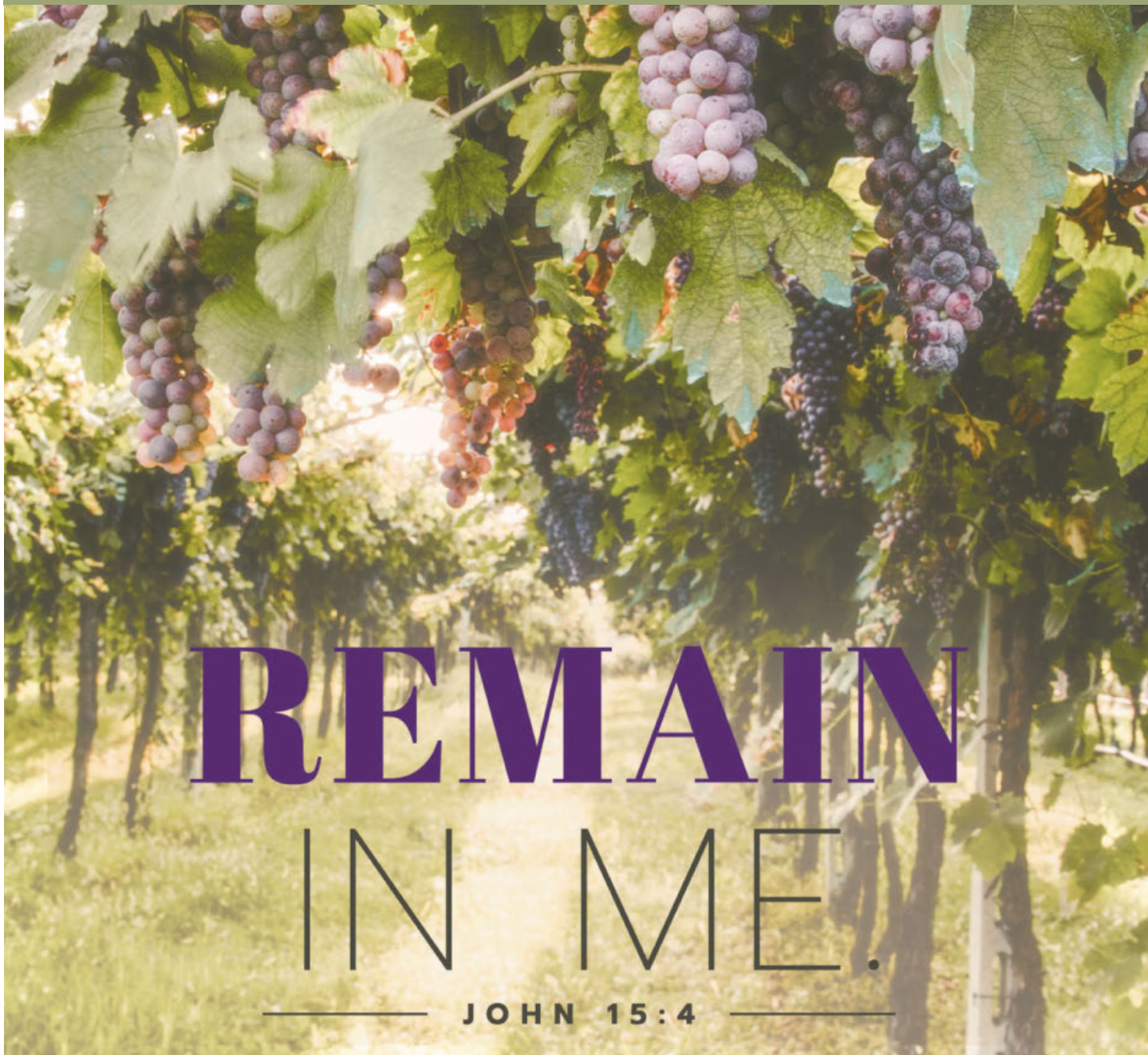


# SAINT CATHERINE OF SIENA-SAINTE LUCY AND SAINT GILES PARISH



# REMAIN IN ME.

— JOHN 15:4 —

APRIL 28, 2024 • Fifth Sunday of Easter

ST. CATHERINE OF SIENA - ST. LUCY CHURCH  
38 NORTH AUSTIN BOULEVARD, OAK PARK  
WEEKDAY MASS: Tuesday at 8:30 am  
WEEKEND MASS: Sunday at 9:00 am

ST. GILES CHURCH  
1045 COLUMBIAN AVENUE, OAK PARK  
DAILY MASSES: Monday, Wednesday and Friday at 6:30 am;  
Tuesday, Wednesday and Thursday at 8:30 am; Saturday at 8:00 am (Confessions following Mass)  
WEEKEND MASSES: Saturday at 4:30 pm; Sunday at 8:00 am and 10:30 am

## Fr. Carl's Corner



Dear Parishioners,

In May, the Archdiocese of Chicago will ordain only four men to the priesthood. This year, 22 parishes are asking for associates with only 10 on the list available to be transferred. There are several large parishes in need of Pastors. The Personnel Board is working hard to meet all the needs; trying to place priests in the parishes that need them the most. Having the right personality, and some experience in both leadership and administration all come into play on where and how the priests are assigned. It is not just about placing a priest at a site but having the right person to be pastoral as well as to lead and manage the many areas of parish life. For this reason, the Archdiocese has encouraged larger parishes like our two Oak Park united parishes, St. Catherine of Siena-St. Lucy and St. Giles and Ascension and St. Edmund, to have Operation Directors to help with the administrative piece so that the priests and other pastoral ministers can focus on the sacramental and pastoral care of the parish.

Along with this, we have been given the opportunity to develop not only our Parish Councils and Finance Committees but create a Leadership Team that can work together to build and support strong lay leadership in our individual parishes and the larger Oak Park Catholic Faith Community in areas where we are working together. One example is the *Spirit and Light Collaborative* and its Board that we have been developing these last two years. Having one Pastor is not the ideal or what our parishes have been accustomed to. However, this is a reality we are facing as we look to the future. The Archdiocese has supported us in our efforts to create a new structure that can work for this community as we move forward and to be considered as a model for other areas of our church that are facing similar situations. This is a wonderful opportunity as well as a challenge for us all. I have heard the excitement of some and the concern and fear of others.

I share all this during this Easter season as a reminder of what it means for us to act as disciples of Jesus. We can only imagine how the disciples and friends of Jesus must have felt as they struggled with His resurrection, trying to understand it and what it would mean for them as they walked into the future with their new reality. Each time we come together for Eucharist, our Lord is present to us, and we are asked to renew our commitment to follow Jesus. Let's not forget, disciples act with love. "By this everyone will know that you are my disciples, if you love one another." (John 13:35)

True disciples of Jesus know that how we treat others proves that we know Him and follow Him. Disciples answer the call. God chooses us first, but we must answer the call. If Peter had not dropped his nets and followed Jesus, he would not have been one of his disciples. Discipleship involves a choice to drop everything for Him. This might mean dropping a negative attitude about the changes we are facing, stopping the gossip about what we are unhappy about, and choosing to step up and take a new leadership role or to help support in some way all the new initiatives we are offering.

And one of the most important goals for us all is remembering disciples help make other disciples. Ultimately, we need to do what Jesus did, which is to make more disciples. This was His final command, "Go, therefore, and make disciples of all nations." (Matthew 28:19)

At the core of our parish life is the goal – for our staffs, councils, leadership teams, formation programs, and for all of us – to follow the command of Jesus. All we do should have this mission as our goal, to make disciples who make disciples.

Today's scriptures remind us, that with his care and tending, God makes us his vineyard. When we attend Mass and participate as members of our faith community, we grow together as a fellowship of disciples nourished by Jesus' word. Jesus remains with us here at the table and in community. Together, we will remain in Jesus as his disciples who then go out and make more disciples. This is Easter, the vineyard grows and becomes more beautiful!

Have a safe and blessed week ahead.

With you a Christian. For you a priest.

*Fr. Carl*

# Spiritual Life & Worship

## ST. GILES CHURCH MASSES FOR THE WEEK

**Monday, April 29**

**Saint Catherine of Siena, Virgin and Doctor of the Church**

6:30 — The Deceased of the Parish

**Tuesday, April 30**

8:30 — The Costas Family

**Wednesday, May 1**

6:30 — The Cacilda Family

8:30 — All Parishioners and Benefactors

**Thursday, May 2**

**Saint Athanasius, Bishop and Doctor of the Church**

8:30 — Joseph Mejia

**Friday, May 3**

**Saints Philip and James, Apostles**

6:30 — Kostas Koutsopoulos

**Saturday, May 4**

8:00 — Rose Jantelezio

John Malone

\*10:30 — *First Communion Mass*

\*1:30 — *First Communion Mass*

\*4:30 — Anna Marie Sciaraffa

Annie Smith

Tom Connery

**Sunday, May 5**

**Sixth Sunday of Easter**

8:00 — Sylvia Okal

Thomas Lisy

Grant Bockwinkel

10:00 — *Family Mass Community in School Gym*

10:30 — All Parishioners and Benefactors

*\*This Mass will be live-streamed from the St. Giles website, [stgilesparish.org](http://stgilesparish.org).*

## ST. CATHERINE OF SIENA-ST. LUCY CHURCH MASSES FOR THE WEEK

**Tuesday, April 30**

8:30 — All Parishioners and Benefactors

**Sunday, May 5**

**Sixth Sunday of Easter**

9:00 — Harry and Gladys Michaels

Lily May Williams

The Yee Family

## ST. EDMUND CHURCH

**Sunday, May 5**

**Sixth Sunday of Easter**

5:00 — *Oak Park Catholic Parishes Mass*

## Mass Intentions for 2025

Those wishing to schedule a Mass for the intention of someone who has died or for special intentions may come to the Parish Center to do so. Masses will be scheduled on a first-come basis.

There are three intentions open for each Mass (except where the intention of the parish "All Parishioners and Benefactors" appears).

All Holy days and all holidays are designated for the intentions of the parish; no individual intentions may be added to those days.

Open dates for Mass intentions are still available in the 2024 Mass Book. Please contact the Parish Center with any requests that you may have.



## We Pray For . . .

Those who are hospitalized or homebound, including: Steven Acevedo, Patrick Ahearn, Coletta Ali, Jessica Scanlon Bailey, Jane Baker, Phyllis Baker, Fred Bartholomew, Marissa Becker, Kyle Becnel, Joe Bigliotti, Baby Sofia Rose Bond, John Botti, Danita Bowie, Viola Cleo Bradshaw, Melissa Brumund, Pat Burke, Susan Cadero, Phil Calabrese, Jim Cimms, Ray Cimms, Theresa Claps, Patricia Crotty, Lucille Dalbis, Bill DeBiase, Judy DesLauriers, Andrea Dickson, Virginia Evans, Wanda Farmer, Mike Fenske, Carla Michelle Rodas Ferreira, Katherine Fisher, Mary Ellen Frank, Paul Frauenfelder, Earl Gallermo, Jack Gallo, Michael Gallo, Sr. Regina Gallo, Marcial Gomez, Baby Michael Haiduke, Jennifer Hanna, Deborah Harris, Maggie Astacio Hedges, Paul Hefner, Deacon John Henricks, Bill Holmes, Ben Houghton, Ginny Jones, Phillip Jones, Joe Karas, Patrick King, Marie Koko, Pat Koko, Paul Koko, Hardie Kressler, Carla Lally, Brian Leonard, Kimberly Lester, Gabriela Rodriguez Machado, Herbert Macias, Jim Madden, Virginia Madden, Deacon Lorry Madonia, Lynne Tallon Matassa, Patricia McDonald, Leolina Rodriguez Meira, Sebastian Mitchell, Willa Montgomery, Anne Muldihill, Sr. Louise Noesen, Matt O'Connell, Amelia Patterson, Bob Quane, Patricia Reardon, Tom Rezek, Lillian Ricci, Paul Schleitwiler, Colleen Rowley Schramm, Carole Sheehan, Maureen Sloan, Nick Sorrentino, Sr. Carol Spiegel, Nina Stanley, Eleanor Stone, Samantha Struett, Sarah Such, Joann Taylor, Maria Vaccaro, Shirley Venerable, Nancy Wesclitz, Nichol Williams, LaShonda Wilson, Brenda Zych.

*(Names will be periodically removed from this listing in the bulletin and also from the list of recurring intercessions spoken at weekend Masses. Others have received a Prayer Shawl representing the prayers for healing by the Parish community. Please contact the parish office to include someone on this prayer list or to request inclusion in the weekend Mass intercessions, or to request a Prayer Shawl.)*

And for those of our family members and parishioners who have died, especially Kenneth Masick and Rosa Gomez.

St. Giles Church is looking for an additional livestream operator for our Masses in 2024. If you know someone who either has some video experience or is a college student interested in broadcasting and would be interested in streaming one or two Masses per month, please contact the Parish Office.

## Praying the Rosary on Zoom Fridays at 7:00 pm

Join Deacon Kevin and Marci Morgan on Zoom to pray the Rosary on Friday evenings.

<https://us02web.zoom.us/>  
Meeting ID: 865 8895 7490  
Passcode: 634955



OAK PARK YOUNG ADULTS  
PRESENT

# THEOLOGY ON TAP

FRIDAY, MAY 3RD  
7 PM

Location: Scratch on Lake  
733 Lake Street  
Second Floor Event Space



FEATURING

FR CARL MORELLO

"ASK A PRIEST"

Submit your questions  
through the QR Code!  
No question is too big-  
or too small.  
Questions will remain  
anonymous.



All Are  
Welcome!  
(21+)

### Faith & Fellowship



#### So Why Is it Called "Big Shebang"?

Back in our early years, the final Faith & Fellowship event before our Summer break was a Mass for all our groups and our guests, followed by a catered dinner. We usually just called it the end-of-the-year celebration, though sometimes it was known as our "bash" or our "blow-out." One evening, a Partner announced with arms uplifted in a rah-rah gesture, "Well, pretty soon is the BIG SHEBANG!!" Somehow the name stuck, and so...

The Big Shebang - Monday, May 13, at 7:00 pm Mass at St. Catherine-St. Lucy, followed by dinner in Maguire Hall (parish gym). Reservations for dinner a must – [faith\\_fellowship@hotmail.com](mailto:faith_fellowship@hotmail.com) or 708/383-9276!



The Baby Bottle Project benefiting The Women's Centers of Greater Chicagoland continues in support of their efforts to directly assist mothers and families experiencing crisis pregnancies. They have saved over 40,000 babies and their mothers from abortion since opening in 1984.

Please take a Baby Bottle home with you this weekend, fill it with your spare change, and return it on the weekend of May 11-12. The bottles can be found in the gathering space of both Church sites. If you are making a donation by check, please make it payable to: The Women's Center. You can also go directly to their website at: [GoTWC.org](http://GoTWC.org) or call 773-794-1313 to donate.

This is a simple, but crucial fundraising effort for The Women's Centers. Please note that the Baby Bottles cost almost \$1.00 per bottle and are recycled afterwards so please return upon completion of the project. *Thank you for helping defend life* and remember to keep all pro-life undertakings in your prayers.

# Spirit and Light Collaborative

## Spirit and Light?

Some people have wondered exactly what Spirit and Light is. It is a Catholic collaborative for living faith. But sometimes a simple phrase isn't completely clear. Therefore, various people have written down their understanding and experience of Spirit and Light. A different explanation will be shared weekly.

The following was written by **Cooky Perez-Eraci, Director of Youth Ministry.**

“Spirit and Light is a collaborative systematic approach to Catholic faith formation that focuses on education and nurturing the Catholic spiritual growth. This approach encourages shared responsibility and community involvement and involves various members, such as parents, volunteers, and parishioners, to teach and learn about their faith. Faith formation is a continuous journey beyond formal classes or programs and involves the entire faith community to evangelization and forming missionary disciples, from womb to tomb.”

## An Amazing Day at the Races!

On Sunday, April 21, a couple dozen people had a wonderful time at the Hawthorne Racetrack and raised money to assist **Spirit and Light** Religious Education families who need financial help with tuition.



If you weren't able to join us at the races but would still like help us support financial assistance for our families in need, please scan the QR code here. Thank you!



## Marguerite Porete and The Mirror of Simple Souls

Join us for the upcoming Spiritual Classics discussion on Marguerite Porete's classic writing, *The Mirror of Simple Souls*. We will meet on **Tuesday, May 7, at 7:30 pm in the Ascension Parish Center Dining Room**. Jeff Wood will lead the discussion. All Oak Park parishes are welcome.

*The Mirror of Simple Souls* is a dialogue among allegorical figures conversing about the nature of the spirit and the relation between the soul and God. Because human love is like divine love, Porete shows how the human soul can achieve a lasting union with God. Porete lived in a beguine community in the fourteenth century and the book became enormously popular throughout Europe at the time.

If you have any questions or would like more information about our monthly Spiritual Classics discussions, send an email to [laffc@ascensionoakpark.com](mailto:laffc@ascensionoakpark.com) or check out the [Spiritual Classics webpage](#) on the Ascension and St. Edmund website. Reading the book is not required in order to join the discussions – feel free to just come and hear about Porete's medieval spirituality.

# Oak Park Catholic Community

## MIGRANT MINISTRY UPDATE: Welcoming More Families

Migrant Ministry is proudly supporting eight households with 9 families and 2 single men, thirty-six people total. We moved two families into an apartment last week. It is a beautiful place with much light and terrific furniture and household items, mostly donated. We plan to move another family into an apartment before the end of April. A single man with his sister and her family, four more people who were living in a van. Thank you all for your support for these families.

The housing part of this ministry has amazing volunteers who search for apartments, furniture and household items. And lots of volunteers who accompany these families once they are moved in. **We could use more volunteers to accompany our families. Please consider this volunteer opportunity. It is so rewarding watching a new family settle in and become part of our community.**

Our Tuesday and Thursday program is also expanding. The most recent count had more than 360 people coming for breakfast, clothing, blankets, toiletries. The English language classes are continuing.

After having closed donations to deal with overstock, we are now fully open again **but only for the items listed below**. We are most in need of gym shoes and sandals for men, women, and children, summer T-shirts and shorts, towels, and toiletries. Thank you for your donation!

For more information on the Migrant Ministry, email [immigrantministry@gmail.com](mailto:immigrantministry@gmail.com)

Financial donations to support the Migrant Ministry can be sent to the St. Catherine of Siena-St. Lucy and St. Giles Parish Office at 1025 Columbian Avenue, Oak Park, IL 60302. Please mark your check for the "Migrant Ministry." Donations may also be made online through GiveCentral on the St. Giles website or by scanning the QR code at right.

Or donations can be sent to Ascension and St. Edmund Parish. Please note the Migrant Ministry on your check. Donations may also be made online through GiveCentral on the Ascension website.



	Women Small & Medium Sizes	Men Small & Medium Sizes	Children Toddler To Large Sizes	Infants Size 9-24 Months
Tops	Casual Tops, T-Shirts, Athletic Wear	Small/Medium* Short Sleeve, Athletic Wear*, Tank Top Undershirts*	Short Sleeve	Short Sleeve
Pants	Shorts, Jeans, Black Pants	Shorts, Jeans*, Athletic*	Shorts, Jeans, Athletic	Any
Leggings	Small*, Medium* & Large	N/A	Girls, All Sizes	N/A
Pajamas	Any	Any	Any	Any
Bras	Small*, Medium*, Large & Sport Bras*	N/A	Pre-teen	N/A
Underwear	New Only*	New Only, Boxer Briefs Requested*	New Only	New Only
Socks	New Only, Low Cut Preferred	New Only, Low Cut Preferred	New Only	New Only
Shoes	Athletic Shoes, Small Sizes Requested* Crocs & Sandals	Athletic Shoes, Small Sizes Requested* Construction Boots – Men's Size 8-10 Crocs & Sandals	Athletic Shoes, Small Sizes Requested* Crocs & Sandals	Any

### Requested Linens & Personal Items

(Must be clean, and in good condition)

- Blankets - Small, \*Medium & \*Large
- Sheets - Twin, Full, Queen
- Towels - Washcloths, Hand, Bath
- Toiletries - \*Deodorant, \*Lotion, \*Hair Conditioner
- Sleeping Bags
- Backpacks
- Roller Suitcases - In good condition
- Small Toys—\*Matchbox Cars, \*Beanie Babies

### Amazon Wish List Donations

Go to [amazon.com/hz/wishlist/ls/3VKSYQWISEBOM](https://amazon.com/hz/wishlist/ls/3VKSYQWISEBOM)

Or use your phone's camera to access the site through this QR code:



Drop donations off on Mondays 9:00 am – 12:00 pm at 200 S. Oak Park Avenue

**Please enter at the Pleasant Avenue door**

**Questions?** Email: [immigrantministry@gmail.com](mailto:immigrantministry@gmail.com)



It's time for the Oak Park Catholic Parishes

# 5 PM MASS AND DINNER

All are welcome!

Sunday, April 28, 2024

Gather for 5 PM Mass at St. Edmund Church, and join us for dinner in Downtown Oak Park directly afterwards

188 S. Oak Park Ave, Oak Park



**ONE IN LOVE LGBTQ+ Ministry** meets the second Saturday of each month. We offer a friendly and safe place for Ascension and St. Edmund Parish, St. Catherine-St. Lucy and St. Giles Parish, and the St. Giles Family Mass Community LGBTQ+ individuals, their families and friends to share through deep listening circles.

**JOIN US SATURDAY, MAY 11**  
from 1:00 - 3:00 pm

St. Giles Parish Center, 1025 Columbian Avenue, Oak Park  
If you have questions, please contact: Kathie Nash [kathienash1023@att.net](mailto:kathienash1023@att.net).

# Parish Life



## MISERICORDIA CANDY DAYS COLLECTION SUNDAY, APRIL 28



Lifelong parishioner Ian Elsen will be collecting donations for the Misericordia Candy Days after the St. Catherine-St. Lucy 9:00 am Mass and the St. Giles 10:30 am Mass.

The biggest fan of our choirs is hoping to raise funds to make a difference for more than 600 children and adults with developmental and physical disabilities.

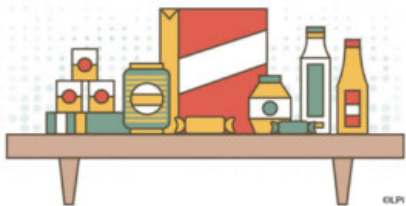
Thank you in advance for your support!

### But wait! There's more!

Want to know **ALL** the latest parish news? Sign up for the **weekly parish e-news** via our broadcast email program, **flocknote!** To sign up, just scan the QR Code here, or go to this URL in your browser: <https://stgilesparish.flocknote.com/ENews>, and the information you need will be right in your inbox!



## FOOD COLLECTION FOR THOSE IN NEED



The next **FOOD FIRST** collection at St. Catherine of Siena-St. Lucy Church will be on **Sunday, May 5**. Please bring your donations of canned or shelf-stable food and paper products with you to the 9:00 am Sunday Mass. Donations are brought to the altar during the Offertory.

St. Giles Church weekly collection continues. Please bring your donations of canned or shelf-stable food and paper products to the St. Giles shrine in the gathering space at the Church or to the covered bins located at the back door on the north side of the Parish Center.

Thank you for your generosity to these collections, and thank you to the stewards for their work in delivering these items to our local pantries.

## Our Parish Weekly Stewardship For Fiscal Year July 1, 2023 – June 30, 2024

	4/21/2024	
	Total	YTD
Weekly Budget	\$30,000.00	\$1,290,000.00
Envelopes	\$10,137.00	\$ 713,863.03
Loose	\$ 1,573.02	
Electronic*	\$13,098.63	\$1,199,096.31
Total Giving	\$24,808.65	\$1,912,959.34
4/16/24-4/22/24		
Shortfall	\$ 5,191.35	\$ 90,903.69

Thank you to all who continue to support St. Catherine of Siena-St. Lucy and St. Giles Parish. Those wishing to make their donations online through GiveCentral can find the link and easy-to-follow instructions on the church websites:

[www.stgilesparish.org](http://www.stgilesparish.org) OR  
[www.stcatherinestlucy.org](http://www.stcatherinestlucy.org)

Contact Sharon at the Parish Center, 708-383-3430 Ext. 420, with any questions or for assistance. We could not be here without you!

**We are grateful for your continued generosity to the parish. As of April 22, the deficit for Sunday Offertory is \$90,903. If you are able to increase your Sunday offering, please consider doing so. Fr. Carl and the Finance Committee will need to make recommendations on how to cover the gap in income.**

**Matthew Brophy**  
Operations Director

### Mass Count Week of 4/21/24

4/20/24 4:30 pm	179
4/21/24 8:00 am	144
4/21/24 9:00 am	117
4/21/24 10:30 am	199
4/21/24 Family Mass	133
<b>Total Mass Count</b>	<b>772</b>



## Parish Pastoral Council Update

After discussion and reflection, the Parish Pastoral Council (PPC) of St. Catherine of Siena-St. Lucy and St. Giles affirmed its mission statement:

*We, the Parish Pastoral Council recognize and rejoice that together we are a community with a diversity of gifts that collectively will bring an abundance of energy and talents to our unified Parish.*

*Guided by the Holy Spirit, our mission is to create an environment of trust where every voice is heard. We know that true unity is built upon love, forgiveness and understanding. We will listen to one another with compassion and respect to discern and address the pastoral needs of individual parishioners and the Parish Community.*

At our most recent meeting on April 15, Marci Madary attended and presented an update on *Spirit and Light*, the collaborative effort of the Oak Park Catholic Community for living faith, including all the opportunities for religious education from pre-school through adulthood. Alex Ryan also met with the PPC to outline the evangelization component of our new reality. She noted the primary goals are to ensure that people really know that they belong in the community, to reach out to people who are not here, to create spaces where people can encounter Christ, and places where people can have faith discussions.



**Are you currently the chairperson of a parish Ministry?**

**Were you once a chairperson of a Ministry that has stopped meeting, and you'd like to get it going again?**

**Do you have an idea for a new ministry, but you don't know where to begin?**

**We need to get in touch with you!**

The St. Catherine-St. Lucy-St. Giles PPC is currently in the process of updating our records to ensure that we have accurate contact information for all Ministry Chairs in our combined parish. Help us find ways to re-engage with members throughout our community and to create opportunities to attract those who will hopefully find a home among us. Please scan the QR code to give us your contact and ministry information. Thank you!



## Food For Thought

### The Divine Force of Nature

*"Remain In me as I remain in you. Just as a branch cannot bear fruit on its own unless it remains on the vine, so neither can you unless you remain in me. I am the vine, you are the branches. Whoever remains in me and I in him will bear much fruit, because without me, you can do nothing." (John 15:4-5)*

Saint Hildegard of Bingen was a Benedictine abbess, mystic and composer. She lived in the 12th century, and is one of only four women Doctors of the Church. (St. Catherine of Siena is also one of the four Doctors). Hildegard lived in the Rhineland surrounded by the lush greenness that would have influenced her thoughts of the divine force in nature, influencing the healing and wholeness in God's power made manifest in fruit bearing throughout creation.

This week we think about John's metaphor of the vine and branches, part of Jesus' "last discourse" (John 14-17).

Jesus desires to be the source of life and growth for those who remain in him. He invites the disciples, "Abide in me as I abide in you." His love sustains their lives and intimate relationships.

Peter had said believing in the name of Jesus assumes his faith as their own.

Believing in and through him lets us share his relationship with God and all creation. "Those who keep his commandments remain in him, and he in them." (1 John 21). Our knowledge is from the Spirit he sent us.

All that is good to know, but Barnabas In Acts of the Apostles puts energy and flesh on it. When Saul became a believer, many disciples did not trust him. But Barnabas took charge of Paul, vouching for him and accompanying him on his missions. People who respond to those in need are responding to grace that we all need to develop to a greater degree. Without a sustained connection to God and what he cares about—justice—we will dry up like withered leaves.

Being connected to God allows us to bear fruit.

Hildegard reminds us that as humans we're called to co-create, to assist God, and to set into creative motion all that is necessary and life-sustaining.

Tom Lynch. [tgl7714@gmail.com](mailto:tgl7714@gmail.com) 4/28/24  
Sources: NCR, M. McGlone, 4/28/24  
"Living Liturgy," 4/28/24



**YOU CAN HELP BRIDGE THE GAP!**

The mission of The Neighborhood Bridge is to “use the St. Catherine-St. Lucy campus as a base for a powerful ministry outreach to our neighbors on the West Side.” We are focused on meeting the goal of **connecting Austin area residents with needed services by the start of the 2024-2025 school year.**

But we need your support. This is why we’re thrilled to announce the **\$50,000**



Made possible by a longtime parishioner of St. Giles who strongly identifies with the vision and mission of The Neighborhood Bridge as presented at the public forums.

**A foundation associated with this donor will match every dollar donated to The Neighborhood Bridge between now and May 24, 2024, up to \$50,000!**

**This is a unique opportunity to double the impact of your donation!**



**Donate Today!**

<https://theneighborhoodbridge.org/donate>

**It is only with your help** that we can connect our Austin neighbors with the human services that they deserve to reach their full potential and thrive.

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**ELIGIBILITY CRITERIA**

- Multiple Sclerosis Diagnosis
- Major Depressive Disorder
- Internet and e-mail access
- Physically Inactive
- Able to walk
- 18-64 years old
- English as primary language
- Live within 200 miles of Chicago

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