

Refrigerator Guide to Recycling, Composting and Trash

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Metals-aluminum, steel, etc.

- Food cans
- Foil

Plastics (#1-5 and 7)

- Soft drink bottles
- Milk/Water jugs
- Detergent bottles
- Food containers (yogurt, ketchup)

Other

- Empty paint cans
- Empty aerosol cans

Paper & Cardboard

- Newspapers
- Envelopes/junk mail
- Office paper
- Brown paper bags,
- Magazines/telephone books,
- Cereal/cracker boxes
- Milk and beverage cartons
- Cardboard boxes

Glass

- Bottles and jars - all colors



*No plastic bags or styrofoam
*Please rinse food and beverage containers
*No caps or lids

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Yard Waste

- Grass clippings
- Garden vegetation
- Leaves
- Brush
- Weeds

Food Scraps

- Meat
- Bread
- Vegetables
- Table scraps
- Dairy
- Coffee grounds
- Pasta
- Bones
- Egg shells

Food Soiled Paper

- Paper towels
- Paper bags
- Pizza boxes
- Napkins
- Paper cups
- Newspaper
- Food packaging
- Coffee filters
- Tea bags
- Waxed paper



*No plastic bags or plastic coated paper

BEYOND THE BIN*

*Visit this link to learn about special re-purposing and recycling programs:

<http://www.oakpark.us/sites/default/files/2016-recycling-resource-guide-final.pdf>

- Hangers
- Hardbound books
- Ink cartridges
- Light bulbs (fluorescent)
- Packing peanuts
- Paint
- Plastic bags
- Propane tanks
- Pencils with erasers/pens (ink)
- Records/tapes/CDs
- Rugs/mats
- Textiles (old/worn clothing)
- ... and many more!



When in doubt,
throw it out!



For more information on...

Green Guides - www.greencommunityconnections.org/greenguides

Recycling - www.oak-park.us/village-services/refuse-recycling

Composting - www.oak-park.us/village-services/refuse-recycling/compostable-program

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SUSTAINABILITY

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Green Guides of Oak Park

Reduce. Reuse. Recycle.



DID YOU KNOW...

Most families throw away

SIX TREES

worth of paper per year?



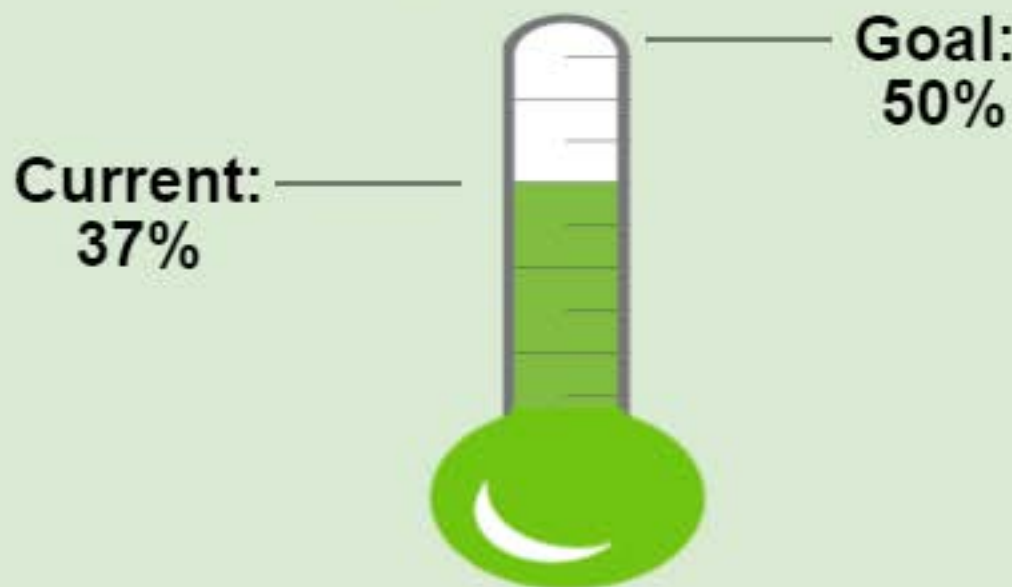
The average household garbage bin is

60 PERCENT

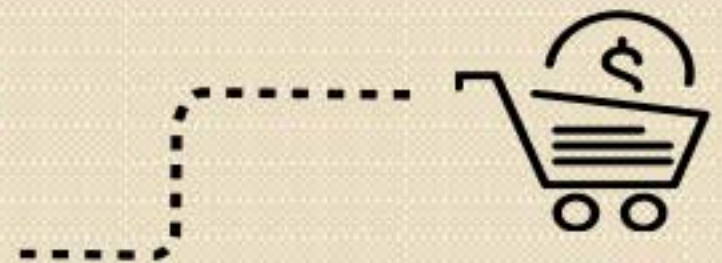
organic waste?



COMMUNITY GOAL: 50% WASTE DIVERSION



TIPS TO SAVE RESOURCES AND MONEY



Go green with reusable water bottles & coffee cups



Go paperless in the kitchen



Stash reusable shopping bags in your car



Buy products in bulk

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