

# MYSTAGOGIA

As a newly Confirmed member of our Catholic Church, and St. Giles Parish, each candidate will be invited to share their Confirmation preparation experience within their small faith groups. The adult leaders of these groups will represent the adults of our parish community.

The purpose of this PROCESS is to assist the newly Confirmed in reflecting on their experience of preparing for and receiving the Sacrament of Confirmation.

As your mentors in faith, these adult leaders are there to help connect what you learned with how you have grown spiritually, so that you may determine where your journey of faith is leading you. In the early Church this phase was called "mystagogia".

To prepare for your small group session it is recommended that the newly Confirmed:

- Review sacrament journal entries & service journal
- Review the assignments from your Confirmation packet
- Ask your sponsor/parents for feedback on your growth during this process
- Think about what you said to the Bishop in your letter

The next page will list some reflection questions that will also be of assistance in preparing for the small group discussion.

**THE MYSTAGOGIA PROCESS WILL TAKE PLACE DURING YOUR MONTHLY SMALL FAITH GROUP GATHERING IN MARCH OR APRIL**