

# Yarns 'n Prayers



## St. Giles Prayer Shawl Ministry

News from the 5nd Quarter, 2023

### 1- Do you know someone in need of our community's prayers?

You may not be able to make things to carry our prayers to those in need, but, if you know of someone who needs our prayers, you can get a shawl, blanket or other item from the Parish Center and give it to that person. If you can't physically do that, call the Parish Center with your information about where and to whom and why to send something and ask that it be passed to some one of us who can do it.

### 2- There is no charge for this

but donations of yarn, or money to buy yarn, are appreciated to carry on this ministry.

### 3- Do you knit or crochet or sew or weave and would you like to participate in this ministry?

We gather at the Parish Ministry Center on the second Monday of each month at 1 PM to bless and record new shawls and blankets, share patterns and ideas, and get yarn for new projects. Attendance is not required. You can join this ministry by making at least one shawl or lap blanket. If you need yarn to do this, you can get some from our stash. Send your contact info to Paul Joseph Schleitwiler, FCM to be added to the roster

### 4- Do you have a story to share about prayer shawls or blankets?

Or other things related to this ministry or the making of shawls and blankets? Did something in this newsletter inspire you to comment about it?

Share what you have to say by email to [pjschleitwilerfcm@yahoo.com](mailto:pjschleitwilerfcm@yahoo.com)

### What More Can I Do?

Your prayers for those who receive these tangible signs of our care and God's love are the heart of this ministry.



### Statistics for the Quarter

Our crafters made 58 shawls, 80 blankets, many blessing squares and one scarf this quarter.

One of our newer crafters, Cindy Stone, made 62 lap blankets. See the picture.

People in need of our prayers received 73 shawls and 23 blankets. Recipients include people from Ascension and St Catherine/St Lucy, veterans, asylum seekers and even a woman in Mexico.

We all participate in this ministry whether we make something or just pray for those in need.

### Prayer Shawl Ministry meeting dates in 2023

The 2nd Monday of each month

1st Qtr	Jan 9	Feb 13	Mar 13
2nd Qtr	Apr 10	May 8	Jun 12
3rd Qtr	Jul 10	Aug 14	Sep 11
4th Qtr	Oct 9	Nov 13	Dec 11

To confirm a particular meeting date, contact Paul Joseph Schleitwiler, FCM at [pjschleitwilerfcm@yahoo.com](mailto:pjschleitwilerfcm@yahoo.com)

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Blessing

# Who Else Are We Praying For

- a woman with cancer
- a woman anticipating surgery
- a woman for back pain
- an elderly woman
- a woman for her child's heart surgery
- a woman whose spouse died
- a woman who is sick
- a man hit by a car
- a woman for divorce
- two women, sisters of two members
- two women whose mother died
- a woman whose brother and father died
- a woman given six months to live
- a woman whose husband was in the hospital
- a woman in hospice
- a nun for heart surgery
- a woman homebound with lymphodema
- a woman in the hospital
- a man for chemotherapy
- a grandmother whose grandchild has meningitis
- a man with dementia
- a woman for surgery
- a couple whose parents and baby died
- the grandparents of a baby who died
- a man who is ill
- a man for treatments
- a man in hospital who later died
- a woman for kidney disease
- two more women in the hospital
- a woman in Mexico in poor health
- a woman who is a caretaker
- a man with neuro-degenerative illness

- a friend of a member for illness
- the new baby of a Venezuelan family
- a man who is not well
- another friend of a member for illness
- a woman whose cousin has cancer
- two more women in the hospital
- a woman whose husband died
- three people at the Ascension healing Mass
- ten people from St Catherine/St Lucy
- a woman whose father died
- and her husband whose father died.
- a woman for spinal surgery
- a woman who is ill
- a new widow
- eight more people from St Catherine/St Lucy
- another new widow
- the daughters and mother of a member
- a woman with MS
- another woman whose husband died
- an exchange student returning home
- a woman for cancer
- another woman for cancer and the death of her spouse

## THANK YOU

*Dear St. Giles Prayer Shawl Ministry,*

*I just wanted you all to know what a sheer unexpected blessing it was when while in the hospital my husband, Dick, handed me a beautiful aubergine prayer shawl made by Nancy Hoel. All I could do is cry and utter words of astonishment and appreciation.*

*I always knew in the depths of my heart that God was with me through all of my trials. However, reading the note "Praying with a Prayer Shawl" and feeling its warmth as I wrapped it around me reconfirmed and strengthened my knowledge that God is always with me, holding my hand.*

*Just to let you know. Now I'm home, recovering and still wrapping myself in the warmth of the shawl.*

*You are all in my prayers and continue your blessed ministry.*

*God's blessings and peace,*

*Barb*

*Barbara Schulz*



6/4  
*Dear Cindy Stone,*  
 I received a lovely lap blanket before having surgery recently. It was beautiful to see all the colors & patterns. I appreciate the prayers & time that was given to make this. Also that Christine from our water exercise class thought of bringing it to encourage me. This verse is helpful to me, "Wait for the LORD, be strong & take heart & wait for the LORD." Ps. 27:14  
 Warmly,  
 Nancy Osbrink



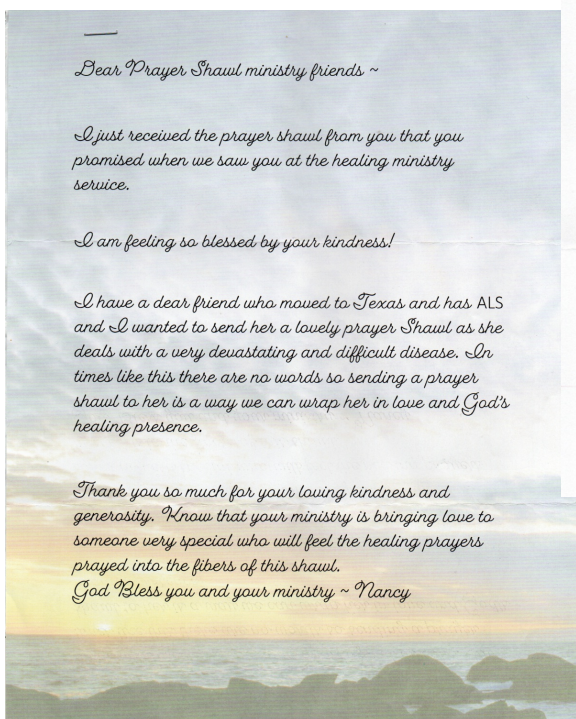
*Dear Prayer Shawl ministry friends ~*

*I just received the prayer shawl from you that you promised when we saw you at the healing ministry service.*

*I am feeling so blessed by your kindness!*

*I have a dear friend who moved to Texas and has ALS and I wanted to send her a lovely prayer shawl as she deals with a very devastating and difficult disease. In times like this there are no words so sending a prayer shawl to her is a way we can wrap her in love and God's healing presence.*

*Thank you so much for your loving kindness and generosity. Know that your ministry is bringing love to someone very special who will feel the healing prayers prayed into the fibers of this shawl.  
 God Bless you and your ministry ~ Nancy*



## Blue Jean Saturday Asymmetrical Shawl

This one skein, easy wear shawl will look beautiful with your favorite blue jeans on a Saturday.....but honestly, it will look great with anything on any day! This pattern was designed for my friend Dawn at “The Woolly Cabin” on Etsy, <https://www.etsy.com/shop/TheWoollyCabin> using her “Blue Jean Saturday Sock Yarn”. I used all but 40” of the 463-yard skein. This is a very easy pattern to adjust in size, quit whenever you want in the pattern or make it bigger with more yarn.

Gauge: 5sts per inch in garter stitch

Blocked size: 77”x 17” at deepest point

Fingering weight yarn. 463 yards fingering weight yarn – Model knit with The Woolly Cabin-Blue Jean Saturday Sock Yarn

Size 6 (4.0mm) 24-32” circular needle

Key: Yo= yarn over; K2tog=knit 2 stitches together; Kfb=knit into the front then the back of same stitch; Tbl=through back loop; Wyib=with yarn in back

Cast on 5 stitches

Prep Rows

Row 1: (RS) k1, kfb, k2tog, k1tbl. (5sts)

Row 2: k3, kfb, p1. (6sts)

Row 3: k1, kfb, knit to last 3 stitches, k2tog, k1tbl.

Row 4: knit to last 2 stitches, kfb, p1.

Repeat rows 3 & 4 until you have 45sts on needle.

Lace Section – Note: the lace section is knit in stocking stitch (k right side, p wrong side). If you prefer to have the lace section in garter stitch, just knit the wrong side row and purl the last stitch.

Row 1 (RS): k1, kfb, (k2tog, yo, k2) rep to last 3 stitches, k2tog, k1tbl.

Row 2, 4, 6, 8: (WS) knit 1, purl to last 2 stitches, wyib kfb, p1.

Row 3: k1, kfb, k1, (k2tog, yo, k2) rep to last 3 stitches, k2tog, k1tbl.

Row 5: k1, kfb, k2, (k2tog, yo, k2) rep to last 3 stitches, k2tog, k1tbl

Row 7: k1, kfb, k3, (k2tog, yo, k2) rep to last 3 stitches, k2tog, k1tbl

Repeat Row 1-Row 8 two more times, (24 rows, 12 stitches added)

Garter Stitch Section

Row 1: k1, kfb, knit to last 3 stitches, k2tog, k1tbl.

Row 2: knit to last 2 stitches, kfb, p1.

Repeat these 2 rows 20 times, (40 rows, 20 stitches added)

You will continue the shawl by alternating the Lace and Garter Stitch Sections with stitch counts as follows.

Prep Garter Stitch Section: 45sts after completing

1st Lace Section: 57sts after completing

2nd Garter Stitch Section: 77sts after completing

2nd Lace Section: 89sts after completing

3rd Garter Stitch Section: 109sts after completing

3rd Lace Section: 121sts after completing

4th Garter Stitch Section: 141sts after completing

4th Lace Section: 153sts after completing (Notes: I had 20gms left before starting the

4th Lace Section, It took

15gms to finish this section)

Ending: Note: You will need 5gms to do the last 6 garter stitch rows and bind off.

Repeat Garter Stitch Section Rows 1 & 2, three times (6 rows)

Bind off



**When you have finished a project, the leftover yarn can be used to make blessing squares.**

## Beachy Keen Shawl

Here's a pretty shawl for any time of the year. The Beachy Keen Shawl uses a relatively easy-to-remember shell stitch pattern to produce a nice triangle-shaped shawl. Because the pattern consists only of 2 rows, it's easy to make this shawl larger or smaller than the sample.

Materials: 2 skeins Red Heart Super Saver Ombre (each skein is 482 yds / 440 m). Sample color is Sea Coral.

Crochet Hook – Size H – 5 mm. If you crochet tightly, go up to a Size I or J hook.

Sewing needle (for weaving in ends). Scissors.

Size/Gauge: 60" across top span. 38" from neck to bottom point. Gauge: 2 shells x 3 rows = 6" sq.

Terminology: CH = Chain; DC = Double Crochet; TR = Treble Crochet; RPT = Repeat; SLST = Slip Stitch; ST = Stitch

Instructions:

Notes: SHELL = 7 TR. When pattern states to DC in middle of SHELL, find the 4th TR from the SHELL row, and trace it upwards. A DC will be above it. Make your new DC in the top of that DC.

Similar concept for SHELL in the DC between SHELLs instructions.

BEGIN: CH 4. SLST to 1st CH.

ROW 1: CH 4 (counts as 1 TR). 6 TR in ring. Turn. (Total = 7 TR).

ROW 2: CH 3 (counts as 1 DC). 1 DC in next ST and in each ST across. Turn. (Total = 7 DC).

ROW 3: CH 4. 6 TR in first ST. DC in middle of next SHELL. SHELL in last ST.

ROW 4: CH 3. 1 DC in next ST and in each ST across.

ROW 5: CH 4. 6 TR in first ST. DC in middle of next SHELL. SHELL in the DC between SHELLs. DC in middle of next SHELL. SHELL in last DC.

ROW 6: CH 3. 1 DC in next ST and in each ST across.

ROW 7: CH 4. 6 TR in first ST. DC in middle of next SHELL. \*SHELL in the DC

between SHELLs. DC in middle of next SHELL\* across. SHELL in last DC.

ROW 8: CH 3. 1 DC in next ST and in each ST across.

ROWS 9-40: RPT ROWS 7 & 8.

Feel free to RPT further to make a longer/wider shawl.

FINISH: Cut and weave in all ends. For (optional) fringe: Cut three 15" pieces of yarn. Fold in half and weave through edge of shawl. Trim evenly as needed.

### If you knit, crochet, sew or weave join us in the Prayer Shawl ministry.

Currently crafters are making shawls and lap blankets by knitting or crocheting but if you quilt or weave, you could also contribute blankets and shawls.

#### Our Blessing for Shawls and Lap Blankets

(adapted from Janet Severi Bristow - 2000)

May God's grace be upon these shawls and blankets ...  
warming, comforting, enfolding and embracing.

May these mantles be a safe haven ...

a sacred place of security and well being ...

sustaining and embracing in good times as well as difficult ones.

May those who receive these shawls and blankets be cradled in hope,

kept in joy, graced with peace,

and wrapped in love.

Blessed be!

